



CRUIZ'N CAPERS

The official newsletter of CRUIZ Swim Club

August-September 2008

For more information visit our website

<http://cruiz.socialfx.net/home/>

Monday 1st Sept 2008

- First training day at Kaleen Swim Centre

Tuesday 9th & Wednesday 10th Sept 2008

- Pacific School Games Trials (AIS)

Wednesday 10th Sept 2008

- CRUIZ Committee Meeting

Saturday 13th & Sunday 14th Sept 2008

- Woden Main Meet (AIS)

CRUIZ Committee

- Next meeting Wed 10th Sept 2008 at 7.30pm at Watson and Jodie's place in Ainslie.

TRAINING TIMES

Mon 6 - 7.30am

Tues 6 - 7.30am

4.30 - 6.30pm

Wed 6 - 7.30am

5 - 7.00pm

Thurs 6 - 7.30am

4.30 - 6.30pm

Fri 6 - 7.30am

4 - 6.00pm

Sat 7 - 9.00am

Sunday REST

Kaleen Swim Centre for CRUIZ Swimmers

As you know, Canberra Olympic Pool will be undergoing refurbishment including repairs to the main pool and building.

The pool is expected to be closed from 29th August to 12th November 2008. During this time the Health Club and Reception will continue to operate as normal.

CRUIZ swimmers will be using the facilities of the Kaleen Swim Centre from Monday 1st September.



Kaleen Swim Centre is located at **16 Georgina Crescent** (just off Maribyrnong Avenue.

If you need to contact Kaleen Swim Centre, the phone number for the

Centre is: 6241 4893.

Swim times are the same as usual.

Good coffee facilities are not far from the Swim Centre.

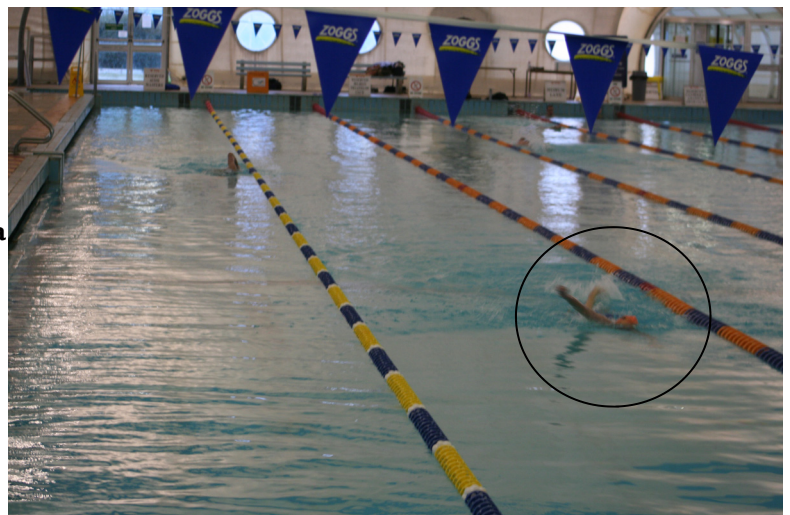
WHO IS THIS? Or IS THIS YOU?

Guess who the **CRUIZ** swimmer is in the photo (right) and win a fantastic prize.

Send your suggestion to:

jennifer@netspeed.com.au

Suggestions must be sent before 15 September.





Please send articles or information of relevance to Cruiz Swim Club to jennifera@netspeed.com.au. Information and photos from members of the Club are always welcome.

Summer Season 2008-2009

For the upcoming summer season, specific swim meets will be targeted for CRUIZ swimmers. These are listed here.

When applying to compete, don't forget to fill in the CRUIZ SC meet entry form (on the CRUIZ website).

Please check the ACT Swimming website for other events.

September 2008

Sat 13th & Sun 14th
Woden Main Meet
(Eligibility - All CRUIZ swimmers)

Sun 21st
Pentathlon Meet
(Eligibility - All CRUIZ swimmers)

October 2008

Sat 18th & Sun 19th
Burley Griffin Main Meet
(Eligibility - All CRUIZ swimmers)

November 2008

Sat 22nd & Sun 23rd
ACT Summer Meet
(Eligibility - All CRUIZ swimmers)

December 2008

Sat 13th & Sun 14th
Canberra Christmas
Classic Swim Meet
(Eligibility - All CRUIZ swimmers)

January 2008

Mon 5th - Sun 11th
NSW State Age LC
Championships
(Eligibility - Qualifying
Times)

Sat 24th & Sun 25th
NSW Regional
Championships -
Queanbeyan
(Eligibility - Development
CRUIZ swimmers)
*Dependent upon interest
as this is the Australia Day
Long Weekend

February 2008

Sat 7th
Speedo Sprint Series
(Eligibility - All CRUIZ
swimmers)

Sat 21st & Sun 22nd
NSW Country LC
Championships
(Eligibility - Qualifying
Times)

March 2008

Sun 1st
2008/2009 Summer
Development Series
Meet #3



Photos from CRUIZ SC Championships, 1st August 2008

